



HOW TO ENROLL IN SNAP

*SNAP is the Supplemental Nutrition Assistance Program {formally known as Food Stamps}.

1. OBTAIN AN APPLICATION

Arkansas Foodbank SNAP Help Center

Pickup - A paper application can be picked up from the Arkansas Foodbank located at 4301 W. 65th Street Little Rock, AR 72209, from 8 am to 4 pm Monday through Friday. **Email** - You can also receive your application via email. Please call us at 501-569- 4311 and leave your email with our SNAP Coordinator.

Download an application - Visit our website arkansasfoodbank.org and click on 'I need Food > click SNAP and follow the steps to download an application.

Arkansas Department of Human Services (DHS) County Office

Pickup- Go to any DHS County Office Monday to Friday, 8 am to 4 pm. **Download an application** – Visit www.humanservices.arkansas.gov, go to divisions & shared services>county operations> supplemental nutrition assistance (SNAP). **Apply online** - go to access.arkansas.gov.

2. FILL OUT AND SUBMIT THE APPLICATION

Answer all questions that apply, return your application to any DHS county office or go online at access.arkansas.gov to complete and submit an application online.

Need help completing the application? Call the SNAP Help Center at 501-569- 4311 Monday to Friday, 8 am to 4 or to request help. You can request assistance online by **visiting our website** www.arkansasfoodbank.org. We will help you fill out your SNAP application over the phone and submit it securely to DHS electronically.

3. COMPLETE AN INTERVIEW

DHS will mail you a letter with your SNAP interview date and time. At the interview, DHS will require you to submit documents (i.e. proof of income) to complete the application process. **DHS will send you a letter to let you know if you are eligible or not eligible for SNAP benefits.**

Get help with getting your documents to DHS! The SNAP Help Center can electronically submit your documents to DHS. Please give us call at 501-569-4311 for more details.

4. ACTIVATE EBT CARD

Next, if you're eligible for SNAP, an Electronic Benefit Transfer (EBT) card, will be mailed to you. It works like a debit card linked to your SNAP account from which SNAP benefits are accessed. Funds are loaded on your EBT card each month and can roll over month to month.

SNAP benefits can be used to purchase food at grocery stores, Farmers Markets, and approved EBT retailers. To reach the Arkansas EBT vendor call 1-800-997-9999. Select option #2 to speak with a person.

WHAT EXSITING SNAP PARTICIPANTS NEED TO KNOW

- Re-certification – Must be completed every 6 months.