#BeAPossibilitarian

Food shouldn't be an impossible choice. Join us this September to focus on what's possible for Arkansas families facing hunger! Advocate, volunteer, and donate to ensure our neighbors have enough to eat.

## SEPTEMBER IS HUNGER ACTION MONTH

### EXCLUSIVE SPONSOR

**ARMS COMMUNITY CARE**

### VISIT BIG ORANGE ALL WEEK LONG!

- **BIG ORANGE WEEK KICK OFF!**
  - **NATIONAL QUESO DAY!** Order a "Big Orange Queso" at all participating locations and help donate $2 to the Foodbank!
  - **HUNGER ACTION DAY!** Go orange all day long!

### DONATE

- **$1 = food for FIVE meals**

### SHARE one of our social media posts about hunger with your friends!

### HAPPY LABOR DAY

- **SKIP YOUR MORNING COFFEE RUN** Donate $5 and provide enough food for 25 meals!

### RICE DAY

- **LEARN MORE about hunger in Arkansas in our HAM blog post.**

### HAM SELFIE CHALLENGE!

- **TAKING IT UP** and post a selfie using hamselfiechallenge.
  - **FAMILY NIGHT** Invite your family to volunteer for the Foodbank and make a difference!

### PACK A LUNCH AND DONATE THE $$ YOU SAVED**

- Donate $10 and provide enough food for 50 meals!

### LEARN about how we feed kids through our Food For Kids program.

### GIVEBACK EVENT AT THE LITTLE ROCK PROMENADE!

- **FOOD FOR KIDS PACK-A-THON** 8:30 - 11:30 a.m. at the Foodbank and Regal at Arkansas Foodbank.

### MAP THE HUNGER GAP!

- Visit the Foodbank's website to see how hunger is impacting your neighborhood.

### SIGN UP TO RECEIVE NEWS AND UPDATES ABOUT OUR WORK AT ARKANSASFOODBANK.ORG