



# WIC Can Help You Feed Your Family!

Special Supplemental Nutrition Program for **W**omen, **I**nfants and **C**hildren

## WHO IS ELIGIBLE:

- Women**  
(Pregnant, Breastfeeding, Postpartum)
- Infants**
- Children**  
(Under Age 5 Years)

## ELIGIBLE HOUSEHOLDS MUST:

1. Meet Income Guidelines
2. Live in Arkansas
3. Complete Nutrition Assessment

Sign up for WIC at your Local County Health Department.



Find out more about WIC and locations available.

## INCOME GUIDELINES (Arkansas WIC Program, effective July 1, 2024)

Family/Household Size	1	2	3	4	5
Annual Gross Income	\$27,861	\$37,814	\$47,767	\$57,720	\$67,673

(Add \$9,953 per year for each additional family member.)

## WIC Mobile App

### Search "my Arkansas WIC"

(FREE App Available at Apple Store & Google Play)



- Check card balance & benefits
- Find eligible WIC foods
- Complete nutrition education
- Get messages from WIC

*This institution is an equal opportunity provider.*