

SNAP Help Center



The Arkansas Foodbank SNAP Help Center has a team of trained SNAP Navigators who will assist you with completing your SNAP Application over the phone. Once completed, we can submit your application and any documents to your county's Department of Human Services (DHS) Office.

**GIVE US A CALL
FOR SNAP AID**



870-532-8151

arkansasfoodbank.org/snap

YOU COULD BE ELIGIBLE FOR SNAP BENEFITS IF...

- If you work at least 30 hours per week
- If you participate in work-study as a college student
- If you participate in WIC, LIHEAP, TEA, CSFP, or TEFAP
- If you are 64 years old or older
- If you care for a child under 14 years old

snap@arkansasfoodbank.org
arkansasfoodbank.org/snap



SNAP Basics

What is SNAP?

Supplemental Nutrition Assistance Program (SNAP) provides financial assistance to eligible households to cover a portion of their food budget, promoting more access to nutrition and helping households balance budgets.

Where can I use SNAP?

SNAP Benefits can be used at most grocery stores and supermarkets, some online retailers, authorized farmers' markets, or other approved food vendors. Participating retailers usually display signs or tags indicating which items are EBT-eligible.

What can I purchase with SNAP?

SNAP benefits can be used to purchase most food for home preparation and consumption. They cannot be used to buy foods like pre-prepared hot-food, alcohol, cigarettes, toiletries, medicine, pet food, candy, sodas, or fruit and vegetable juice with less than 50% natural juice.

Who is SNAP for?

SNAP is for any and all who are eligible, including any one in transitional housing, previously convicted, unhoused individuals.

SNAP is primarily based on your income, housing status, household size, assets and expenses, and work status.