

# Join

## The Feeding through Faith Fellowship

The Arkansas Foodbank's Feeding through Faith Fellowship is a community of faith-based organizations and individuals who are committed to supporting hunger relief efforts through prayer, giving, action, and advocacy. By joining the Feeding Through Faith Fellowship, your congregation can be part of a network that is united in making a tangible impact in the lives of Arkansans.

*If your congregation would like more information on joining, reach out to Donor and Organization Relations Specialist Lucee Lugo at [llugo@arkansasfoodbank.org](mailto:llugo@arkansasfoodbank.org)*



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# ARKANSAS FOOD BANK PRAYER GUIDE



# Welcome to the 14-day prayer guide for the Arkansas Foodbank.

## A CALL TO ACTION:

JOIN IN SUPPORTING THE ARKANSAS FOODBANK

**Serving 33 counties throughout central and south Arkansas, the Arkansas Foodbank is the largest hunger relief organization in the state and plays a vital role in addressing food insecurity by supporting individuals and families.**



This prayer guide invites people of all faiths and backgrounds to come together in prayer, reflection, and action in support of the mission and vision of the Arkansas Foodbank.

We encourage your congregation to join in prayer for the work being done in the communities. Each day's prayer highlights an aspect of the mission, partnerships, and neighbors being served. While each prayer is a call for hope, justice, and compassion, we also ask that you consider how **you can be a part of the solution**, whether through prayer, volunteering, donating, or advocating.

This guide is designed to foster a spirit of unity, compassion, and action across diverse communities of faith. When prayer is joined with action, it becomes a powerful force for change. **Together, we can make a lasting impact to ensure that no one goes without the nourishment they need - creating a brighter, more hopeful future for all Arkansans.**

*Thank you for joining us in this important work. May these prayers inspire you to continue standing alongside those who need our support the most.*



Thank you for journeying with us through the power of prayer. Your prayers and reflections are part of a collective effort to make a meaningful difference in the lives of Arkansans facing food insecurity. The work doesn't end here. We invite you to take the next step from prayer to action.

**Here are ways you can support the Arkansas Foodbank:**



### DONATE

Your financial support helps the Arkansas Foodbank provide essential resources and food to families and individuals in need.

Every \$1 donated = 5 meals!  
Just \$10 can provide 50 meals to an Arkansas family!

Scan the QR code to donate funds!



### VOLUNTEER

Volunteers are the heart of the Arkansas Foodbank. Whether you help sort and pack food or assist with distribution efforts, your time and energy will have a profound impact.

With opportunities for children, families, groups, and individuals, consider lending your hands to serve our neighbors in need.

Scan the QR code to explore volunteer opportunities!



### FOOD & FUND DRIVES

Join forces with your small group, youth group, congregation, or larger faith community to collect and donate food and/or funds to the Arkansas Foodbank.

Scan the QR code to host a food/fund drive!



**REFLECTION:**

[illegible]

## DAY 1: Praying for the Mission of the Arkansas Foodbank



The Arkansas Foodbank is the foundation in the fight against hunger. It exists to provide pathways to connect people, resources, and food to reach those in need, providing dignity, hope, and a brighter future for all Arkansans. The vision is a stronger community where hunger needs are met with sufficient access to nutritious food.

*We lift up the Arkansas Foodbank and its mission in the fight against hunger. May it serve as a resource to connect people, resources, and food to reach those in need and provide dignity, hope, and a brighter future for all Arkansans. May everyone involved find strength, compassion, and purpose in their work.*

## DAY 2: Praying for Volunteers



Volunteers are responsible for the processing and sorting of food before distribution into the community.

In 2024, volunteers served over 51,000 hours, which saved the Foodbank almost \$1.5 million in staffing and labor costs. Volunteers are the backbone in carrying out the mission and vision of the Foodbank.

*We pray for the dedicated volunteers who selflessly give their time and resources to the Arkansas Foodbank. May their efforts bring hope and transformation to all who are in need. May their work be blessed and their hearts filled with joy and encouragement.*

## DAY 3: Praying for Those Experiencing Hunger

According to the USDA, Arkansas is highest in the nation for food insecurity, with 18.9% of Arkansans facing hunger. Arkansas has held this ranking for the past two years with needs being highest in rural communities. This issue affects both rural and urban areas, adults and children, transcending socioeconomic boundaries highlighting the urgent need for comprehensive solutions.

*We pray for those who are experiencing hunger and hardship, that they may find nourishment, hope, and support. May their needs be met with kindness and that they may find solace in their community. May they be connected with resources and pathways that will provide them with long-term stability and access to food.*



## DAY 4: Praying for Staff

There are currently 86 staff at the Arkansas Foodbank sourcing and distributing nourishing food, raising funds, leading hunger relief programming, and maintaining facilities, all while ensuring the Foodbank operates in compliance with the highest ethical and regulatory standards.

*We lift up the staff at the Arkansas Foodbank, that they may be guided with wisdom, compassion, and perseverance. May they be a source of light and hope for those they serve. May they find joy and purpose in their work. Help them stay unified in the mission and vision of the Foodbank.*



## DAY 13: Praying for Disaster Relief Efforts

Disaster Relief is a key program of the Arkansas Foodbank. Through its partnership with Feeding America, the Foodbank has been given additional resources to provide support when disaster strikes. The Arkansas Foodbank has a designated disaster relief truck and keeps disaster boxes on site to be distributed throughout Arkansas and neighboring states - always ready to lend a helping hand.

*We lift up those affected by disasters and pray for the Arkansas Foodbank's ability to mobilize quickly upon a disaster. Thank you for those who graciously give at a moment's notice in response to a disaster. May those impacted by future disasters be swiftly connected to resources and provided with the support and relief needed to heal.*



## DAY 14: Praying for the Future

The Arkansas Foodbank will remain in the fight against food insecurity by continually assessing how to best serve neighbors, adapting to changes, and pivoting when necessary to provide the best possible outcomes.

*We pray for the future of the Arkansas Foodbank and the necessary work that has yet to be done. May their work be blessed, and may they continue to serve the state of Arkansas well. Give all who are involved in hunger relief work patience, endurance, and strength. May the Arkansas Foodbank continue to steward their resources wisely be quick to adapt. May Arkansas be closer to a future without hunger.*



## DAY 11: Praying for Families Facing Hunger



The Arkansas Foodbank's Food for Families program seeks to provide nutritious food to families who are food insecure. The program offers mini grants to enhance agency partner capacities, conducts training to improve pantry services, and initiates programs to address food insecurity challenges. Pop Up Pantries are organized efforts to deliver items directly to communities, ensuring accessible food distribution.

*We pray for families who are struggling to provide enough food for their loved ones. May they find comfort, care, and nourishment. May they be met with compassion and be connected to resources to provide support. May their burdens be lightened through the generosity of others and let their resilience be honored with care, dignity, and long-term solutions.*

## DAY 12: Praying for Financial Resources



The Foodbank has been blessed with debt-free facilities and grounds - meaning that 94 cents of every dollar goes towards programs. As the need continues to remain high so does the need for increased financial support.

*We pray for the provision of financial resources so that the Arkansas Foodbank may continue to serve the needs of the community. May generous hearts be moved to give, ensuring no one goes without. We pray for a blessing for those individuals. May those with capacity continue to be faithful in financial support.*

## DAY 5: Praying for Community Partnerships



The Arkansas Foodbank collaborates with more than 400 agencies - including pantries, meal programs, shelters, churches, and schools. Partnerships are the conduit by which food is distributed directly into local communities. Those who work with these agencies serve as the hands of the Foodbank and come into contact with neighbors daily.

*We pray for the partnerships between the Arkansas Foodbank and organizations that work together to meet the needs of the community. May these relationships be strengthened and work together in harmony to bring positive change and dignity for those served. May there be increased interest in community organizations throughout the state to become involved.*

## DAY 6: Praying for Senior Adults Facing Hunger



1 in 8 seniors are food insecure. The Arkansas Foodbank's Food for Seniors program works to improve access to food for older Arkansans through monthly food boxes, home deliveries, SNAP outreach and partnerships with senior-focused organizations. The program considers specific dietary restrictions or health considerations, transportation needs, and physical limitations.

*We pray for senior adults who are experiencing food insecurity. May they receive the nourishment and care to live with dignity and comfort. Help those with health challenges, transportation needs, and physical limitations - may their needs be considered and met with compassionate action and inclusive solutions.*

## DAY 7: Praying for Children Facing Hunger

With 1 in 4 kids facing hunger in Arkansas, the Arkansas Foodbank's Food For Kids program uses three strategies to create access to nutritious food for children experiencing hunger: the backpack program, school markets/pantries, and summer feeding sites. The Arkansas Foodbank has partnerships with schools that work to provide food to children and families.

*We pray for the children facing food insecurity and hunger. May they grow in health, strength, and hope. Bless the schools who partner to make sure children are fed during the school year. Provide access for children to use services provided like summer feeding sites when schools are not in session.*



## DAY 8: Praying for Government Support

Some neighbors rely on various government-funded programs, like SNAP. These programs are crucial in bridging gaps in food access. Federal and state support can assist with securing necessary funding, leveraging partnerships, and providing innovative solutions.

*We pray for government leaders and policymakers, that they may make wise decisions in support of hunger relief programs. May they be guided by compassion, wisdom, and a commitment to justice and dignity for all.*



## DAY 9: Praying for Donors

The Arkansas Foodbank is blessed with faithful and generous donors who give their money, time, and voice to aid in the fight against food insecurity. Many donors have been faithful partners for decades and are firm in their commitment to end food insecurity in Arkansas.

*We are thankful for the generous donors who contribute their time, money, and talents. May their gifts be multiplied and continue to provide for those in need. May they be blessed and encouraged to know that their gifts are changing lives and may their compassion continue to bring about positive change to those served.*



## DAY 10: Praying for Awareness and Advocacy

The Arkansas Foodbank is a member of the Arkansas Hunger Relief Alliance - an organization that advocates on food policy, provides resources, and raises awareness of the economic, academic, and social impact hunger has on the state. Many lack awareness about food insecurity and hunger and are therefore unable to know how to best advocate for change.

*We pray for the awareness of hunger and food insecurity in Arkansas may increase, inspiring advocacy and action. May hearts be open to the urgency of this issue, leading to a greater collective response. May individuals and organizations come together to aid in the fight for a better Arkansas and be strengthened in their resolve to raise awareness.*

