

Food is Medicine Program



We recognize that our neighbors have unique needs and preferences, and pre-packed food boxes may not meet the dietary needs of those with chronic health conditions.

Food is Medicine empowers food pantries to provide nutritious foods that support health and diverse dietary needs while partnering with healthcare providers to serve patients facing food insecurity.



Food is Medicine Participants are committed to:

- Offering a wide variety of nutritious foods to accommodate those with chronic conditions, including fresh produce, lean proteins, whole grains and no/low/reduced salt, sugar, and saturated fat options
- Offering a full choice food distribution model
- Hosting community partners for health screenings and educational events
- Creatively nudging neighbors to healthier choices through bundling displays, recipe cards, taste testings, and educational materials
- Distributing food once-per-week minimum
- Tracking and reporting the number of patient referrals
- Regularly gathering neighbor feedback to ensure needs are being met

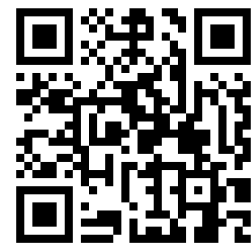
Arkansas Foodbank supports Food is Medicine Participants through:

- Capacity building
- Food credits
- Choice pantry layout consultations and design
- Nutrition education resources
- Coordinating community connections



Ready to join the program?

Scan the QR Code to take the Readiness Assessment!



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